

INSPIRATION

Leap.....

By Anne Bruce

Excerpted from
Discover True North

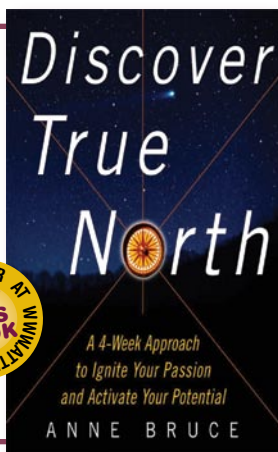


Maybe good things come to those who wait, but I believe that the best things come to those who seize the moment and make it their own by taking leaps of faith throughout their lives.

Never be afraid to be called a dreamer or an adventurer. Indulge yourself in your dreams and in taking leaps of faith. Push outside the envelope, test your senses, and don't be afraid to jump. So what if you went to college and got a degree in accounting — if you now want to become an opera singer, go for it. It's your life. I believe that when we live each day open to guidance from our True North, our greater purpose is revealed to us. And, yes, sometimes it can be frightening.

For instance, sure there are some people who have taken leaps of faith, only to face greater disaster or disappointment. Three people who come to mind right off the bat are Amelia Earhart, Dr. Martin Luther King, Jr., and Christa McAuliffe. While inspirational for their willingness to dream and take courageous risks, each lost her or his life in the pursuit of those dreams. But for every Earhart, King, or McAuliffe, there are thousands more who take leaps of faith and, by doing so, succeed in their quest to live their best and expand their realm of possibility.

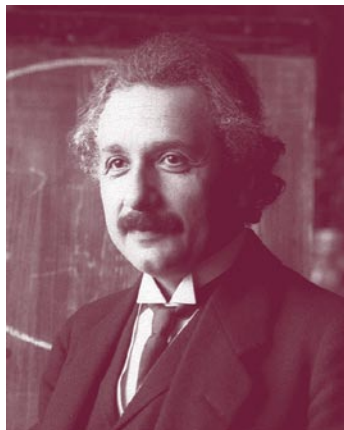
Your particular leap of faith doesn't have to be extraordinary. It's not required that you find a cure for a



This article is excerpted with permission from Anne's bestselling book Discover True North (McGraw-Hill). Anne is a keynoter and trainer who can be reached by calling 214-507-8242, or by email at anne@annebruce.com, or you can visit her website at www.annebruce.com. The sequel to this book, Be Your Own Mentor (McGraw-Hill), is now available in bookstores everywhere, as well as Anne's newest release, Speak for A Living (ASTD Press).

dreaded disease or that you change the world for the better. Your leap, however, does have to change your world for the better.

Here's the litmus test for all leaps of faith:



Does your leap of faith put to the test your physical, emotional, psychological, spiritual, or intellectual survival skills? If the answer to one or more of these is yes, then you are about to embark on a true leap of faith. But if you're looking for a safe and secure landing strip for the jump you're about to take, you may be wasting your time. Safety and security are superstitions — nothing more, nothing less. If you're waiting for the safest and surest moment to come about before you take action, I'm here to tell you that moment may never come.

“There are only two ways to live your life. One is as though nothing is a miracle. The other is as if everything is a miracle.”

– Albert Einstein

As Albert Einstein said, “There are only two ways to live your life. One is as though nothing is a miracle. The other is as if everything is a miracle.”

Taking leaps of faith isn't something that's reserved for the big risk takers or the wildly creative, so don't narrow your definition. You have the capacity to do this at whatever level is appropriate. All you have to do is joyfully expand that capacity to include greater self-expression, desire, drive, and the grand exploration of greater possibilities. *

LIFE EXPANDERS

- Do something outside of your comfort zone.
- Fill in the blank: “I would shock everyone who knows me if I did this: _____.”
- Complete this sentence: “I've always wanted to: _____.”